



Putting on the Brakes Activity Book for Kids with ADD or ADHD

SECOND EDITION

by Patricia O. Quinn, MD,
and Judith M. Stern, MA
illustrated by Joe Lee

Putting on the Brakes Activity Book for Kids with ADD or ADHD is an expanded and updated edition of the classic, best-selling workbook. This essential resource covers almost every area in a kid's life affected by AD/HD. Fun activities teach kids to manage attention problems and helps them in setting priorities, planning, and maintaining control of their day-to-day activities. With this book, kids put their understanding of AD/HD into action and become empowered to use new skills and to be in charge their AD/HD.

About the Authors

Patricia O. Quinn, MD, is a developmental pediatrician in Washington, DC and a clinical assistant professor of Pediatrics at the Georgetown University Medical Center. Dr. Quinn specializes in child development and psychopharmacology and has worked for over 30 years in the areas of AD/HD and learning disabilities. She gives workshops nationwide and has published widely in these fields. Dr. Quinn is the author of several books on AD/HD and is currently the director of the National Center for Girls and Women with ADHD. In 2000, Dr. Quinn received the CHADD Hall of Fame Award.

Judith M. Stern, MA, is a teacher and educational consultant in Rockville, Maryland, specializing in work with children who have learning and attention problems. She is an experienced learning disabilities teacher, reading specialist and classroom teacher. She consults with parents and teachers, speaks nationally on subjects such as attention deficit disorder, learning problems and children's study/organizational skills. She is the co-author of four children's books on AD/HD and LD and an upcoming book on dyslexia for parents and teachers. She has also published chapters in a number of professional books and magazines.

About the Illustrator

Joe Lee is an illustrator and author with many years of experience. He is the author and illustrator of *The History of Clowns for Beginners* and *Dante for Beginners*. He is also the illustrator of multiple books, an award-winning editorial cartoonist for the *Bloomington Herald-Times*, and the staff illustrator for the magazine *Our Brown County*.

96 pages. 8 1/2" x 11". Black and white illustrations. Ages 9-12.

Paperback: \$14.95

ISBN 978-1-4338-0441-0

Item # 441B027

750 First Street, N.E. | Washington, DC 20002-4242 | 800-374-2721 or 202-336-5510
www.maginationpress.com